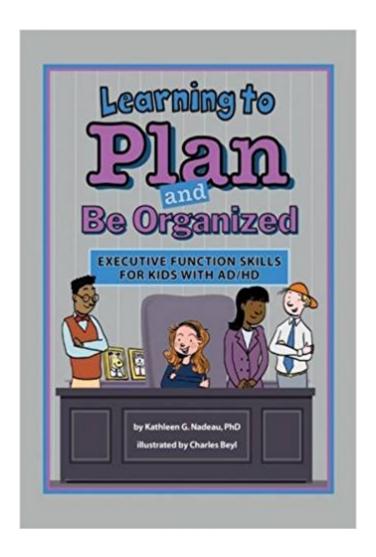


The book was found

Learning To Plan And Be Organized: Executive Function Skills For Kids With AD/HD (Enhancing Executive Function Skills In Kids With AD/HD)





Synopsis

Featuring real-life advice, strategies, and tips, Learning to Plan and Be Organized is a practical guide that teaches kids with AD/HD how to enhance their executive function skills of planning and organization. This reader-friendly and easy-to-use book includes checklists, pointers, and activities. The book also includes illustrations that will help hold children s interest. Includes additional resources for parents.

Book Information

Series: Enhancing Executive Function Skills in Kids with AD/HD

Paperback: 128 pages

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Average Customer Review: 3.8 out of 5 stars 3 customer reviews

Best Sellers Rank: #256,496 in Books (See Top 100 in Books) #19 inà Â Books > Teens > Social

Issues > Special Needs #31 inà Â Books > Teens > Personal Health > Depression & Mental

Health #31527 in A A Books > Reference

Customer Reviews

Gr 1â⠬⠜5â⠬⠕A guide filled with practical advice and strategies for elementary-age children and their parents. The volume aims to build decision-making skills in children with attention deficit hyperactivity disorder (ADHD), capabilities that are needed in order to plan, organize, and meet goals. Developing good habits and daily routines, cleaning and organizing rooms, learning to manage time, and successfully completing projects are just a few topics that are introduced. Each of these areas has a chapter dedicated to it that contains strategies and easy-to-follow checklists to help manage tasks and routines. The author is a clinical psychologist, and her expertise and experience with children shine through. Information is formatted in an effective way for the audience, and a potentially dull topic is enlivened with the use of kid-friendly language. The book also features illustrations and fun activities, such as word searches, drawing breaks, and spot-the-difference games, that are sprinkled throughout to sustain attention. While the text is targeted toward those with ADHD, the information covered here could be relevant to all children as

they mature. Additional resources for parents, including relevant websites and a guide to implementing the strategies discussed throughout, are also shared. VERDICT A very useful option for families, and a good tool for school counselors or psychologists to share with students. \tilde{A} ¢ \hat{a} $\neg \hat{a}$ •Kathryn Justus, Renbrook School, West Hartford, CT --This text refers to the Hardcover edition.

Kathleen Nadeau, PhD, is a clinical psychologist who has specialized in working with kids and adults with ADHD for many years. She is the founder and director of the Chesapeake ADHD Center in Silver Spring, MD, and the author of many books on ADHD for kids, teens, adults, and professionals. She has been a pioneer in bringing recognition to girls and women with ADHD, and is known for her positive focus and practical problem-solving treatment approach. Dr. Nadeau is a frequent lecturer on topics related to ADHD, both in the United States and abroad. Charles Beyl creates humorous illustrations for books, magazines, and newspapers in his suburban, Texas ranch house. When he's not drawing, you'll find him wrangling his pug, riding his bike, or dodging mosquitos.

My 8 year old daughter was recently diagnosed with ADD and this book is a wonderful resource - highly recommended!

It's nice but do you really need this? You can make charts on your laptop. For kids 4th grade and younger.

Written for adults, but in a kids style. Not useable in our house.

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